## Cleaning Checklist

KITCHEN	► ALL ROOMS
Wipe down cupboards inside and out	Dust all surfaces
Wipe drawers inside and out	Dust/ clean all mirrors, frames, paintings
Wipe down outside of fridge	Remove cobwebs
Unpack fridge, clean, toss old food	Dust all light fittings
Wipe outside of oven	Clean dirty marks off light switches
Clean inside of oven	Spot clean walls
Wipe outside of dishwasher	Spot clean doors
Clean food trap and the inside of the dishwasher	Dust skirts and doorframes
Clean stove top, elements and splash-back	Clean mirrors
Clean all counters	Clean windows
Clean out toaster	Dust/ Wash air vents
Polish toaster, kettle etc	Dust/ Wash fly screens
Unpack pantry, clean, toss old food and reorganise	Dust and polish furniture
Reorganise container cupboard	Vacuum carpets/ rugs/ all surfaces
Vacuum/ sweep	Clean TVs
Мор	Dust all appliances, electronics, surfaces
	Vacuum couch/chairs incl. under cushions & crevices
	Fluff cushions
BATHROOM	► DE-CLUTTER & OTHER
Disinfect and clean all surfaces and sink	De-clutter and organise linen press
Scrub toilet	De-clutter and organise pantry including throwing out food past used by date
Clean shower and bath – removing all soap scum  Clean all tiles and grout	De-clutter and organise fridge including throwing out
Wipe all faucets and polish	food past used by date
Clean under all surfaces	De-clutter and organise wardrobes
Organise drawers and clean	De-clutter and organise toy room
Clean mirror	De-clutter and organise study
Wash all towels and put out new towels	Wash all windows inside and out
Vacuum	Sweep deck
Mop	Water plants
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LAUNDRY	► BEDROOMS
Wash the dirty washing	Wash sheets
Iron basket of ironing	Remake beds
Remove lint	

What would you do with 30 extra hours a month?

